

Hartismere School

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28 June 2023

NSP/SL

Dear parents or guardians

BRONZE QUALIFYING EXPEDITION 16 -17 SEPTEMBER 2023

The Bronze Qualifying Expedition is the third weekend in September (16/17 September) and I wanted to share some final details with you.

We will be meeting at Diss train station (London side) at 7am on the Saturday. The pupils will be expected to have their full kit with them, and will be issued with fuel bottles, compasses, high-visibility vests and survival bag when they arrive at the car park.

The pupils will be travelling either by train or minibus to their start points in Cromer, Roughton or Felbrigg. Those getting the train will be accompanied by seven members of staff.

Each group will be walking unaccompanied throughout the weekend, but will be met at checkpoints on both days by members of staff and the DofE assessors.

We will be camping at Breck Farm campsite on the Saturday night (Weybourne, NR25 6QL).

The end point for the expedition on the Sunday is West Runton train station, where those who travelled by up by train will return by train, and those who travelled by minibus will return likewise. The time at which to collect your son or daughter from Diss train station will be confirmed with the pupils during the training session at lunchtime on Friday 15 September.

The pupils have been issued with their routes and route cards during the training session today (5 July) and these need to be completed in full by Thursday 7 September. The pupils are aware of what needs to be filled in, but please remind them to fill in all boxes, including details of their aim and activities to achieve this. The route cards must be completed by all members of the group and this is best achieved by them meeting up during work experience and over the summer and working on it together. Each individual helping to complete the route card is a requirement for passing the Expedition section of the award.

As part of the kit that the pupils are expected to bring, they must include waterproofs, a jumper, sufficient food for two lunches, a cooked evening meal, a cooked breakfast, snacks and emergency rations. Emergency rations should consist of high energy foods (both sugars and complex carbohydrates) such as Kendal Mint Cake, flap jacks, jelly babies, Cornish pasties etc, totalling at least 1000kcal. Please ensure that these are purchased and not homemade items, as this makes the Assessor's job easier when totalling the calorie content. Emergency rations should not be eaten apart from in the case of a genuine emergency. Please work with your son/daughter to ensure that these are packed.



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May I also take this opportunity to remind both parents or guardians and the pupils that the Volunteering, Skills and Physical sections need to be completed and uploaded to edofe prior to 15 September. If this is not possible please email me (dofe@hartismere.com). Having these uploaded by this deadline is a requirement for undertaking the Qualifying expedition.

Yours faithfully

Dr Sparshott